



# *Formal Luncheon*

## **SALAD COURSE**

watercress cherry tomato salad with raspberry vinaigrette

## **MAIN COURSE**

grilled salmon steaks

calypso rice

*brown rice, carrots and corn delicately spiced*

roasted vegetables

*roasted cauliflower, red pepper, portabella mushrooms with a lemon herb dressing*

## **DESSERT**

homemade coconut ice cream